

5779 – Behavioral Health Integration

Summary of Meeting

December 6th, 2017

Purpose

The purpose of this meeting is to review the comprehensive discussions that were done regarding Behavioral Health Integration, including what was discussed with the House of Representatives at the end of last month. In addition, review and discuss the Collaboration of Care Model (CoCM) which will be implemented January 1st as well as review the Phase 4 screening tools and the SSB 5779 Code Review Update.

1. Agenda:

- Behavioral Health Integration Overview
- Phase 3 – CoCM Implementation
- Phase 4 – Screening Tools
- Future: Identify Additional Screens
- SSB 5779 Code Review Update
- Final comments / questions
- Next Steps:
 - Future follow-up will include additional behavioral health screens and how this group may want to stay engaged.

2. Notes:

Stakeholders: HCA welcomes any comments / suggestions relating to rate recommendations submitted to the BHI designated mailbox: HCABHIMatrices@hca.wa.gov. Also, providing feedback on the webinar, PowerPoint slides, and agenda that was provided. As a reminder, please continue to bill based on the current billing guides.

3. Behavioral Health Integration Overview

Provided update to House Health and Wellness Committee on November 16:

- Governor's Executive Order – HCA met with the House Committee to discuss the movement around behavioral health. A lot of exciting work.
- Status of fully-integrated managed care – Alice Lind provided an update on the contracting efforts with Southwest WA. By Jan 1st, HCA will have North Central. Additional integration efforts are moving forward throughout the state.
- The work being done to integrate HCA with DBHR – Working on next steps and timing.

Provided an update on tracking of client outcomes after integration:

- Dr. David Mancouso presented on the data analytics his group from DSHS has been working on for measuring and tracking outcomes.

Provided an update on clinical behavioral health integration including code review, collaborative care implementation, and maternal and youth screening:

- For more information please see link <https://www.hca.wa.gov/assets/house-hc-behavioral-health-integration-111617.pdf>

4. Phase 3 – CoCM Implementation

- Matrix – ~~They are~~ CoCM code information published on HCA's behavioral health website. The matrix is a near finalized draft of the four codes that are useful for billing collaborative care. Will be applying a pre-authorization (expedited prior authorization) requirement after six months of service. This information will also be included in the provider guide. The initiation code might be used if a client has not been seen or treated for ninety days.
- Guidelines – This two and a half page document which will be published on the behavioral health website. This guideline is directed to those planning to use a collaborative care model so they know what it is and what the requirements are. It contains some information contained in the matrix as well as additional information.
- Attestation Form – This form indicates that the provider has read the guidelines, understands them and they are caring for a patient using this model.
- Next Steps – Finalize these documents and then update the provider guide with this information. The attestation form will be available by January 1.

5. Phase 4 – Screening Tools

- Two new codes effective January 1, 2018.
- Billed during the EPSDT visit for medical visit.
- Documentation in the medical record must include name of screening tool and the score.
- Link to suggested tools found in the EPSDT, Mental Health, and Physician provider guides.
- Draft Matrix 4 and Appendix A Screening tools reviewed.
 - 96127 – Brief emotional/behavioral screening (e.g. depression inventory, anxiety screening) with scoring and documentation per standard instrument.
 - 96161 – Caregiver focused risk assessment such as a depression inventory for the benefit of the patient (child).
 - 96160 will be added to the matrix to screen moms for maternal depression by the mom's physician.

6. Future: Identify Additional Screens

- Resulting from 2016 Children's Mental health Workgroup report submitted to the Legislature (page 15)
- Gathered initial set (probably not complete).
- Identified members for this committee – participants from this group will be included in that invite.
- Invite others on this committee to participate.

7. SSB 5779 Code Review Update

- Matrix Status – Reviewed the Phase 4 Code Matrix – Screening tools. The additional codes, such as 96160, will be included in the matrix. For 96110, please make sure to document when using this screening. This will also be included in the billing guide. If anyone in this group has any other ideas on where to include this to ensure documentation, please let us know.
- Reimbursement Analysis – Financial analysis of the impact of the matrices and increase of the reimbursements rates is in process. Also being working with those in the field to collaborate the development of this analysis to get their input and identify potential cost offsets. By the end of this month a draft available for everyone to review.

8. Next steps: per the above.